

Life experiences menu



As life can sometimes be chaotic and busy, I have created some fun life experiences which I believe that every child should have - ones they will remember for life and ones which you can experience as a family. Take some time out of your busy schedule and complete as many of these experiences as you can!

Know your full name, date of birth and address.	Bake a cake/ cupcakes.	Plan a Holiday. <i>Where? How will you get there? Where will you stay? What will it cost?</i>	Host a picnic. <i>Host a picnic in the garden with your family.</i>	Use the dishwasher/ do the washing up.	Make a bug home.
Be a weather reporter. <i>You can even be a weather reporter for the week and write down the weather for each day</i>	Learn your name in sign language.	Show an understanding of what to do in an emergency situation.	Go bird watching in the garden or from a window.	Learn to weed the garden.	Safely peel and chop vegetables. <i>With supervision!</i>
Be a photographer. <i>Use a camera and take photos of your walk or when playing in the garden.</i>	Plant it, grow it, eat it	Identify British coins and notes.	Set the table for dinner and be a waiter/waitress for your family.	Send an email.	Tell the time to the nearest minute.
Make breakfast.	Learn to touch type. <i>You can access a course here for free: https://www.lwtears.com/programs/distance-learning</i>	Learn a song in sign language. <i>There are lots of these on Youtube</i>	Safely learn to use an iron. <i>With supervision!</i>	Make a healthy meal. <i>With supervision!</i>	Use the washing machine
Learn to tie your shoelaces	Create your own board game for your family to play	Design a new route to go on your daily walk - can you find somewhere new?	Create a show to perform in front of your family.	Write your own song.	Write instructions on how to care for your pet.
Find the name and contact of your local MP and write a letter about something you're passionate about.	Plan the weekly shop. <i>Ask your parents what they plan to cook and write down the ingredients they will need.</i>	Change the bed linen.	Sew on a button.	Change a battery/lightbulb around the home	Change the toilet roll each time it runs out.